

**Choice of places?** School, college, clubs, parties, anywhere

**Who with?** Anyone you fancy

**What feelings?** Curiosity, excitement, happy, playful  
From chancing-it to longing

**How strong are feelings?** \* One star

**What body changes?** Often none  
\* One star

**Physical health risk :** Low Medium High

**Emotional health risk :** feel "stupid" if ignored, feel great if they flirt with you.

**Social risk:** Can look cool or stupid

**1**

E4 S2

**Choice of places?** Clubs, parties, sometimes public (display!)

**Who with?** a romantic partner

**What feelings?** close, loving, "sexy", excited

**How strong are feelings?** \*\* Two star

**What body changes?** Skin becomes extra sensitive to touch,

\*\* Two star

**Physical health risk :** Nothing serious

**Emotional health risk:** Minimal

Low	Medium	High
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**Social risk:** Slight

**2**

E4 S2

**Choice of places?** Private or hidden from others

**Who with?** a romantic partner

**What feelings?** extremely close and "sexy", excited, loving, tender could feel nervous, orgasm gives intense pleasure and satisfaction for men and women

**How strong are feelings?** \*\*\*\*\* Five star

**What body changes?** Stimulation of penis causes muscles to squirt out semen during orgasm. Stimulation of clitoris can result in pleasurable orgasm for the woman as well.

\*\*\*\* Four star

**Physical health risk :** None that I know of.

	Low	Medium	High
<b>Emotional health risk:</b>	feelings of pleasure and excitement are good for health.		

**Social risk:** None for me I don't care if find out

**Choice of places?** usually somewhere quiet, private or public

**Who with?** A romantic partner

**What feelings?** Close, loving, "sexy", very excited, don't want to share partner

**How strong are feelings?** \*\*\* **Three star**

**What body changes?** Extra blood moves to surface of skin - especially sex organs which become sensitive to touch.

\*\* **Two star**

**Physical health risk :**

Low

Medium

High

**Emotional health risk:** None

**Social risk:** slight: if wrong person,

**4**

E4 S2

**Choice of places?** Public or semi-private

**Who with?** A romantic partner you want to stay with

**What feelings?** Loving, emotional attachment, complex, possessive

**How strong are feelings?** \*\*\*\* Four star

**What body changes?** Male penis gets erect, female genitals moist and sensitive \*\*\* Three star

**Physical health risk :** Nothing serious

Low

Medium

High

**Emotional health risk:** Feels terrible if you break up

**Social risk:** What might others say?

5

E4 S2

**Choice of places?** Usually only in private

**Who with?** A romantic, committed or married partner

**What feelings?** Love, tenderness, sexy, caring, loyalty

**How strong are feelings?** \*\*\*\*\* **Five star**

**What body changes?** penis enters the vagina and releases sperm with male orgasm, female may orgasm

\*\*\*\*\* **Five star**

**Physical health risk;** No worries for me.

Low

Medium

High

**Emotional health risk:** None. Fantastic - the most intense feeling of love and closeness possible

**Social risk:** None for me.